



West Coast Oral, Facial and Implant Surgery

Dr. Anthony Rea

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Food and Beverage:

- **NOTHING TO EAT OR DRINK past midnight the night before your procedure.**
- If your procedure is later in the day, you may have small amounts of **clear fluids only** (apple juice, water, clear broth, Powerade/Gatorade) up **until 3 hours prior** to your surgery.
- No alcohol for **24 hrs** prior to surgery. No recreational marijuana for **48 hrs** prior to surgery.
- You may brush your teeth prior to the surgery but **DO NOT SWALLOW WATER** when rinsing.

Medication / Health Status:

- Prescription medication (except aspirin based products) may be taken at your regular time on the day of surgery.
- Refrain from taking aspirin based products for 72 hours prior to surgery.
- If you use an inhaler for asthma, please bring it to your surgical appointment.
- Insulin dependent diabetics will receive additional specific instructions.
- Please notify our office prior to your appointment of **ANY CHANGES** in your health status.

Clothing, Jewelry, Nail Polish and Contact Lenses:

- Remove contact lenses at home and wear your glasses on surgery day.
- Wear loose comfortable clothing with a short sleeve shirt on surgery day.
- Remove dark nail polish from fingernails.
- Do not wear jewelry, hairpins, makeup, tongue or lip jewelry on surgery day.

Going Home:

- We ask that your Escort (responsible adult) fill your prescription downstairs at Pharmasave and then remain in the waiting room during your procedure (approximately 45-60 minutes). Your Escort will then accompany you home and stay with you for 24 hours – you will not be permitted to leave the office unattended
- Please ensure your Escort parks in the underground parkade (\$2.00 for 2 hours). **Do not** park at Hillside Mall as it is unsafe for a sedated individual to cross the intersection.
- Do not drive a vehicle or operate machinery for 24 hours following sedation.

Financial Arrangements:

- If you have dental insurance, it is your responsibility to provide our office with the preauthorization if requested. You will receive your preauthorization by mail or you might have to go online and check your insurance account to find the preauthorization. Once you receive it you may email it to reception@westcoastos.com when we receive the preauthorization, we will email you an estimate. **Without written preauthorization you will be required to pay the entire surgery fee up front prior to your procedure.**
- Upon arrival we will take care of paperwork & financial arrangements. We accept cash, Visa, Mastercard, American Express or Interact.

Please note: Your procedure time can change. Once we finalize our surgical slate we will contact you to confirm the time. Please make yourself available for the entire day of your procedure to accommodate and required change.

ALTERED OR CANCELED APPOINTMENTS - Once an appointment has been reserved for you, **ONE WEEK NOTICE** is required for alteration or cancellation. Without a valid reason, late notice will result in a cancellation fee of \$250.00.