

DR. ANTHONY REA

Oral and Maxillofacial Surgery

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PREPARATION FOR INTRAVENOUS SEDATION

FOOD AND BEVERAGE: It is essential that your stomach is empty prior to surgery

- **No solid foods after midnight** the day prior to surgery
- **If your surgery is scheduled in the afternoon**, you may have a light meal (such as toast and a clear fluid) at least **6** hours prior to surgery
- **Clear fluids are allowed** until **6** hours prior to surgery
- **Nothing by mouth within 6 hours of your surgery** (includes water, candy, gum, mints)
- **Do Not** drink alcohol for **24** hours prior to surgery
- **You may brush your teeth prior to the surgery**

MEDICATION:

- All prescribed medication can be taken with a **SMALL** sip of water on surgery day
- If you use an **Inhaler** for Asthma, please bring it to your surgical appointment
- Refrain from taking aspirin based products for 72 hours prior to surgery
- Insulin dependent diabetics will receive additional specific instructions

CLOTHING, JEWELLERY, NAIL POLISH AND CONTACT LENSES:

- Remove contact lenses at home and wear your glasses on surgery day
- Wear loose comfortable clothing/ short sleeves on surgery day
- Remove dark nail polish from finger nails
- **Do Not** wear jewellery, hairpins or makeup
- **Do Not** wear tongue or lip jewellery on surgery day

GOING HOME:

- Please arrange a responsible adult to accompany you home and to stay with you for 24 hours— you will not be allowed to leave the office unattended
- **Do Not** drive a vehicle or operate machinery for 24 hours following sedation

Notify our office prior to your appointment of ANY CHANGES in your health status.

ALTERED OR CANCELLED APPOINTMENTS

Once an appointment has been reserved for you, **ONE WEEK NOTICE** is required for alteration or cancellation. Without a valid reason, late notice will result in a cancellation fee of \$250.00.

**** Please confirm your appointment with the office by noon the day prior to your surgery. If confirmation is not received your appointment may be cancelled. ****

We recommend your ride park in the underground parkade of the building ~ **\$2.00** will cover 2 hours of parking.