



West Coast Oral, Facial and Implant Surgery

Dr. Anthony Rea

290-1641 Hillside Avenue, Victoria BC V8T 5G1 T: 250.370.7066 F: 250.370.1983 E: referrals@westcoastos.com

PREPARATION FOR INTRAVENOUS SEDATION

FOOD AND BEVERAGE:

- **IT IS ESSENTIAL THAT YOUR STOMACH IS EMPTY PRIOR TO SURGERY**
- **Nothing to eat or drink past midnight the night before your procedure**
 - If your surgery is booked after 1:00 pm, small sips of water are permitted up to three hours prior to your arrival time
- **Do not** drink alcohol for **24** hours prior to surgery
- You may brush your teeth prior to the surgery; do not swallow water when rinsing

MEDICATION / HEALTH STATUS:

- All prescribed medication can be taken with a **SMALL** sip of water on surgery day
- If you use an **Inhaler** for Asthma, please bring it to your surgical appointment
- Refrain from taking aspirin based products for 72 hours prior to surgery
- Insulin dependent diabetics will receive additional specific instructions
- Please notify our office prior to your appointment of **ANY CHANGES** in your health status.

CLOTHING, JEWELLERY, NAIL POLISH AND CONTACT LENSES:

- Remove contact lenses at home and wear your glasses on surgery day
- Wear loose comfortable clothing/ short sleeves on surgery day
- Remove dark nail polish from finger nails
- **Do Not** wear jewellery, hairpins or makeup, **Do Not** wear tongue or lip jewellery on surgery day

GOING HOME:

- Please arrange a responsible adult to accompany you home and to stay with you for 24 hours– you will not be allowed to leave the office unattended
- **Do Not** drive a vehicle or operate machinery for 24 hours following sedation
- Please ensure your ride parks in the street level parking lot or in the underground parkade (\$2.00 for 2 hours)
- Do not park at Hillside Mall – we need the car close by so the patient does not have a long walk to the car

ALTERED OR CANCELLED APPOINTMENTS

Once an appointment has been reserved for you, **ONE WEEK NOTICE** is required for alteration or cancellation. Without a valid reason, late notice will result in a cancellation fee of \$250.00.

Your procedure has been booked on: _____ Time: _____

PLEASE ARRIVE 10 MINUTES EARLY to take care of paper work & financial arrangements. We accept cash, Visa, Mastercard or Interact. **Please be aware that if we have not received confirmation of benefits from your insurance plan you will be responsible for all fees the day of the procedure.** In most cases your plan will send your preauthorization via your on line account; **we require you to forward it to our office in order to adjust the fees – please send to Wendy@westcoastos.com.**

We will endeavour to honour the above procedure time/date, however in rare circumstances your procedure time and/or date may be subject to change as we finalize our surgical slate. **Please make yourself available for the entire day of your procedure** to accommodate such a change if needed.